



CMU MEDICAL EDUCATION

PARTNERS

CENTRAL MICHIGAN
UNIVERSITY

WE ARE MOVING FORWARD TOGETHER

2024 - 2025 Annual Report



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ABOUT US

Our nationally recognized physicians at **CMU Medical Education Partners** train Covenant HealthCare College of Medicine at Central Michigan University residents and medical students as well as provide high quality patient care to all people of Michigan.

OUR MISSION

Advance the quality of care provided to our communities;

Educate individuals to become exceptional physicians;

Support the physician staffing needs of the region.

OUR VISION

To become nationally recognized for our innovative learner programs; a clinical leader in the region; and vital to our hospital and academic partners, medical staff and patient communities.

OUR VALUES

Integrity | Respect | Empathy | Inclusiveness
Social Responsibility | Excellence | Innovation

Final Message from the President and CEO Samuel Shaheen, MD, FACS



Samuel Shaheen



UNITARIAN CHURCH, EAST SAGINAW.

Medical education has a long and proud history in the Saginaw Valley. Saginaw was home to an early medical school and from 1896 to 1903, the Saginaw Valley Medical College (SVMC) played a formative role in shaping medical education in the region. After seven commencement ceremonies and years of preparing physicians for service, SVMC merged with the Michigan College of Medicine and Surgery in 1903, an institution that would later become Wayne State University School of Medicine.

As medical education advanced, nursing education also took root at Saginaw Hospital—later renamed Saginaw General Hospital in 1898—where it continued until the late 1960s. St. Mary's Hospital soon followed, establishing its own nursing school in 1891 that trained nurses through the late 1960s and early 1970s.

As demand for nurses grew and expectations evolved, Saginaw Valley State College responded by launching a bachelor's degree program in nursing in 1976. That program, now housed at Saginaw Valley State University (SVSU), continues to thrive and is recognized today as one of the largest nursing programs in the State of Michigan.

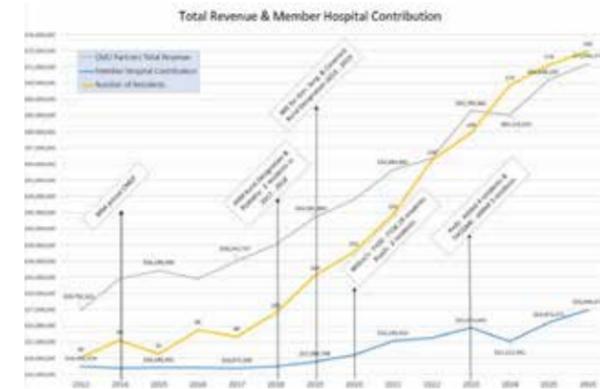
As health care in the region continued to grow, the foundation of graduate medical education was established. The area's first residency programs began in the 1940s, reflecting a shared commitment to training physicians, locally. The Centers for Medicare & Medicaid Services (CMS) first provided hospitals with funding to support graduate medical education in 1965 through the enactment of Medicare. In 1968, the relationship among Saginaw-area community hospitals was formalized in 1968. At that time, Saginaw General, St. Luke's, and St. Mary's hospitals joined to create a Michigan nonprofit directorship corporation, Saginaw Cooperative Hospitals, Inc. (SCHI), which served as a medical education consortium and support organization for the participating hospitals.

SCHI became a vital physician pipeline for Saginaw, the Great Lakes Bay Region, Michigan, and beyond. In the early 1970s, SCHI established its first formal medical school partnership with Michigan State University College of Human Medicine (MSU CHM). MSU CHM maintained a Saginaw Campus until 2010-2011 and in 2010, the Midland Regional Campus was launched as a satellite site.

In 2012, Saginaw Cooperative Hospitals, Inc., doing business as Synergy Medical Education Alliance, restructured into a membership corporation, adding Central Health Advancement Solutions, a subsidiary of Central Michigan University, and adopted a new name - **CMU Medical Education Partners (CMEP)**. This transition both strengthened graduate medical education programs and established the financial and accreditation framework necessary for Central Michigan University to launch the CMU College of Medicine, with the first two years of training in Mount Pleasant and the third and fourth clinical years primarily based in Saginaw. To strengthen and lend credibility to the emerging medical enterprise, Midwestern Surgical Associates, PC, and its four owners, made a commitment by integrating their 10-surgeon practice into CMEP. This decision was made to expand faculty capacity and enhance the teaching infrastructure necessary to support the College of Medicine and the new CMU Medical Education Partners organization.

The relationship between Saginaw and CMU began in 2006, six years prior to the 2012 Saginaw Cooperative Hospitals Inc. restructure and seven years before Midwestern Surgical Associates, PC joined CMEP. President Michael Rao and Trustee Dr. Sam Kottamasu invited me to present the opportunity for a CMU medical school during an informal session at the CMU Board of Trustees. This groundwork was established by many members of the Saginaw medical community prior to this meeting, including Dr. E. M. Field, Dr. Waheed Akbar, Dr. Sam Kottamasu, Dr. Ram Gaddam, and Dr. Eric Gilbertson from SVSU – and many others. It was the introduction to Dr. Rao by Dr. Gilbertson which brought the relationship between Saginaw and CMU to fruition. After the initial meetings in Mount Pleasant, the plan to create a vision committee, led by Dr. Gary Shapiro, was communicated by then President Rao in February 2008. Thereafter, I had the honor to work with Mr. Spence Maidlow, a visionary in health care delivery, and a committed supporter of medical education. We traveled to Mount Pleasant for the first College of Medicine exploration meeting and the role that Saginaw and Covenant HealthCare could and would ultimately play. While there were several consultants involved, it was individuals from Saginaw, Mount Pleasant, CMU, Saginaw Cooperative Hospitals, Inc. and the two hospital partners, Covenant HealthCare and St. Mary's, that made this possible. I am immensely proud of the work that has been done at CMEP and CMU College of Medicine. The December 3, 2025, announcement by President Neil MacKinnon of the **Advancing Health Together Initiative** established the **Covenant Healthcare College of Medicine at CMU** and will be located on the MyMichigan Saginaw Campus.

Accommodating approximately 150 medical students in Saginaw requires a significant expansion of CMEP's clinical and educational capacity, which today remains an important facet of this overall initiative. This growth was critical in creating the essential infrastructure to meet the increasing demands of medical learners. Fortunately, this expansion is mostly funded by federal government support, accessed due to the forward-thinking of the Saginaw physician and hospital leaders through the creation of SCHI in 1968, bringing new federal dollars into the Saginaw community to sustain this enterprise.



In 2012, the total CMEP budget was \$27,390,314 with \$16,202,785 in federal funding supporting 90 resident physicians. This 2024-2025 annual report reflects both sustained collaboration and resilience through an exceptionally challenging period marked by a global pandemic and significant inflation. Today, federal funding flowing into Saginaw increased to \$24,671,371, and the organization's total budget has grown to \$69,598,203.

What is even more significant, CMEP now supports **179 learners** across eight residency programs and two fellowships, with **75 full-time faculty** providing educational support to medical students and residents. This community of instructor-physicians, supported by a robust educational infrastructure, enables Saginaw to sustain and advance the College of Medicine and the consolidation of four years of medical school.

This CMEP medical educational enterprise is not only a pipeline for medical professionals, but serves both health systems in a significant way. Fifty percent of all residencies and fellowships take place in hospitals, providing robust support for direct patient care. This support adds an army of “educated” labor to the health system's team. Importantly, all of the patient care that residents and faculty perform help ensure that patients can remain in the Saginaw community to receive all their health care needs. The resident and faculty enterprise drives laboratory and radiology services, surgeries, hospital inpatient and outpatient admissions, referrals to other medical specialties and services, etc., at Covenant HealthCare and MyMichigan Saginaw. This is a direct result of the hospitals investment in the educational enterprise. A true win-win and significant return on investment. The increase in revenue at CMEP directly drives increased revenue at Covenant HealthCare and MyMichigan Saginaw.

Looking ahead, it is my sincere hope that our hospitals will put aside competition (as much as possible) and extensively collaborate. Continued growth in graduate medical education at CMEP will serve as the foundation for further expansion of undergraduate medical education at Covenant Healthcare College of Medicine at CMU. Education and health care (“eds and meds”) will provide a true rebirth of economic revitalization in the “medical diamond.”

It has been an honor to lead this organization through its expansion, and I am deeply appreciative of the support from our faculty, the CMEP administration team, and staff.

Saginaw Valley Medical College (SVMC), first medical school, operated in Saginaw. SVMC merged with the Michigan College of Medicine and Surgery, which later became Wayne State University Medical School.

>1896 -1903

>1889

Saginaw Hospital implements nursing education, the hospital is renamed to Saginaw General Hospital in 1898.

>1891

St. Mary's implements nursing school with cessation in early 1970s.

>1940s

First residency programs in the Saginaw Valley area.

>1968

Saginaw General, St. Luke's and St. Mary's establishes medical education consortium.

>2012

Saginaw Cooperative Hospitals, Inc., doing business as Synergy Medical Education Alliance, changed its ownership structure and its “doing business as” name to CMU Medical Education Partners.

Advancing Health Together Initiative announced the culmination of CMU, MyMichigan Saginaw and Covenant bringing four years of undergraduate medical education to Saginaw on MyMichigan Saginaw's campus.

>2025

ADMINISTRATIVE TEAM & BOARD OF DIRECTORS

CMU Medical Education Partners administrative team consists of driven leaders who actively push our mission and vision forward. Through collective effort and consistent commitment, we work to transform medical education in meaningful ways. We are improving health through education.



Samuel Shaheen, MD
President & CEO



Michael Sullivan, MD
Chief Medical Officer



Mary Jo Wagner, MD
Chief Academic Officer



Ryan Marlette
Chief Financial Officer



Ghassan Hamadeh, MD
Medicine Discipline Chair



Kathleen Cowling, DO
Surgical Discipline Chair



Lisa Killey
Chief of Human Resources



Bethany Figg DEd.T., MBA
Designated Institutional Officer (DIO)



Jennifer Savard
Director of Support Services

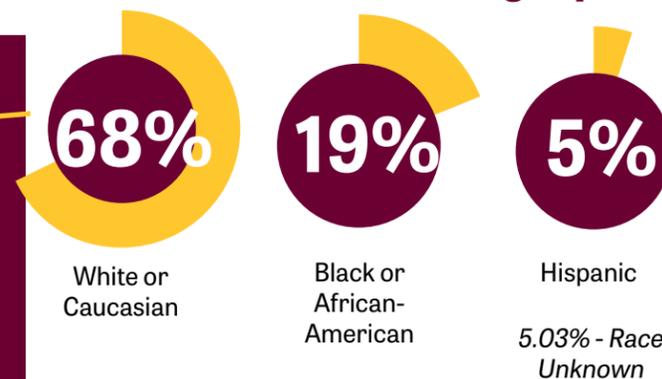


Drew Kenny
Director of Women and Children's Center

CMU Health Clinics

Bay Road
Concentric
Colony
Hallmark
Riverfront
Thumb region
Washington
*Wilder (Bay County)
Women & Children's Center

2024-2025 CMEP Patient Demographics



We serve patients from newborns to older adults across several of our clinics throughout the Great Lakes Bay Region.

36,190
Total Patients

8%

increase in total patients compared to last year

Completed
94,585
total patient appointments

BOARD OF DIRECTORS

Tina Thompson, PhD
Interim Chair of the Board
Interim Dean, College of Medicine
Central Michigan University

Neil MacKinnon, PhD
President of the Board
President, Central Michigan University

Mike Erickson, MS, MBA, FACHE
Vice Chairman of the Board
President, MyMichigan Saginaw, Standish, Tawas

Beth Charlton, MSA, BSN
Secretary of the Board
President and Chief Executive Officer
Covenant HealthCare

Matthew Deibel, MD
Chief Medical Executive/Vice President of Quality
Covenant HealthCare

Paul Berg, MD
Senior Vice President & Chief Medical Officer
MyMichigan Health

Brenda Coughlin, MD
President & Chief Executive Officer
Great Lakes Bay Health Centers

JoAnn Crary, CEcD, FM, HLM
President, Saginaw Future Inc.

J. Don Sheets
Chief Financial Officer (retired)
Dow Corning

Michael Webster, MBA
Saginaw County Board of Commissioners

CMEP Staff Highlights

YEAR	RETENTION RATE
2024	93.06
2025	94.94

Annual physician retention rates above

93%

illustrating steady organizational health and stability.

75
Faculty Providers

179
Resident & Fellow Physicians

12
Advanced Practice Providers

191
Staff Members



Our Promise to Protect the Babies in Our County



Bus wraps with co-branded Safe Sleep messaging.



10 billboards displayed each month throughout Saginaw County.



Produced YouTube instructional videos with our physicians to guide families on proper safe sleep practices.

Initiated in February 2024, CMU Health embarked on a mission to bring awareness to a 40-year-old problem affecting the lives of parents and babies across Saginaw County. Data from the Saginaw County Medical Examiner's Office revealed a heartbreaking statistic: **in 2024, 10 infants under the age of one lost their lives due to unsafe sleep practices**—one more than in 2023. These preventable tragedies galvanized CMU Health's leadership to take action.

CMU Health united with BWell Saginaw, Covenant HealthCare, Great Lakes Bay Health Centers, Region 5 Perinatal Quality Collaborative, and the Saginaw County Health Department to launch a comprehensive year-long marketing campaign focused on the **ABCs of Safe Sleep—Alone, on their Back, and in a Crib.**

The organizations pooled their resources together to create a powerful and consistent message that reached families county wide. The campaign

featured messaging on four STARS buses, monthly billboards across the county, flyers distributed in the community, and two large banners displayed on the United Way of Saginaw County and Saginaw County Health Department buildings.

In addition, the initiative included episodes on the "Healthier Me" podcast and educational videos shared with expectant and new mothers during doctor visits. In total, the campaign delivered over 48 million impressions in and around the City of Saginaw.

In April 2025, CMU Health received the inaugural **BWell Saginaw Champion Award** in recognition of this campaign. Notably, at the time of this annual report, data indicated that **only one** infant death had been attributed to unsafe sleep practices - a 90% decrease from last year. While even a single loss is one too many, leaders are encouraged that the campaign's efforts to raise awareness appear to be making a positive impact within the community.

CMEP Residency Program Directors

Our program directors are responsible for program administration, resident education, and the establishment and maintenance of an effective and supportive learning environment.

Mary Jo Wagner, MD

Chief Academic Officer,
Designated Institutional Officer (DIO)

Bethany Figg, DEd.T., MBA

Designated Institutional Officer (DIO)

Therese Mead, DO

Program Director, Emergency Medicine

Amandeep Dhaliwal, MD

Program Director, Family Medicine

Christina Maser, MD

Program Director, General Surgery

Nicholas Haddad, MD

Program Director, Internal Medicine

Renee Sundstrom, DO

Program Director, Obstetrics & Gynecology

Roland Chu, MD

Program Director, Pediatrics

Andrew Cohen, DPM

Program Director, Podiatric Medicine and Surgery

Asif Khan, MD

Program Director, Psychiatry

Nikita Roy, MD

Fellowship Director, Child and Adolescent Psychiatry



CMU Medical Education Partners (CMEP) and its three corporate members - Central Michigan University and teaching hospitals, Covenant HealthCare and MyMichigan Health Saginaw, uphold a long-lived tradition of serving patients, while educating learners as a part of a premier academic medical center.

Through collaborative efforts with the Covenant HealthCare College of Medicine at Central Michigan University, CMU Medical Education Partners is responsible for eight residencies and two fellowships. As of June 2025, it was home to 179 resident and fellow learners, and 75 faculty providers.

The primary function of the CMU Medical Education Partners and the Graduate Medical Education (GME) department, specifically, is to ensure accreditation for the residency and fellowship programs. Each program is fully accredited by the Accreditation Council of Graduate Medical Educations (ACGME). Podiatry is fully accredited by the Council of Podiatric Medical Education (CPME).

OBSTETRICS & GYNECOLOGY

Women's Health Matters Now More Than Ever

The Maternal Fetal Medicine program expanded this year with the addition of Dr. Jennifer Caruso and additional staff, who joined Dr. Radha Cherukuri in providing exceptional care to **170 high-risk pregnant patients** at CMU Health and **more than 1,560 patients** from across the region. The obstetrics and gynecology department also grew with the addition of faculty member Dr. Kaitlyn Blanchard and Ashley Brandt, certified nurse midwife, further strengthening our comprehensive women's health services.

With the addition of an obstetrics clinic in the Thumb, we are enhancing access to maternal care, which is a critical advancement as many labor and delivery units and obstetric offices continue to close across rural Michigan. This expansion reflects our ongoing commitment to ensuring that women and families in our region receive the high-quality care they need, close to home.

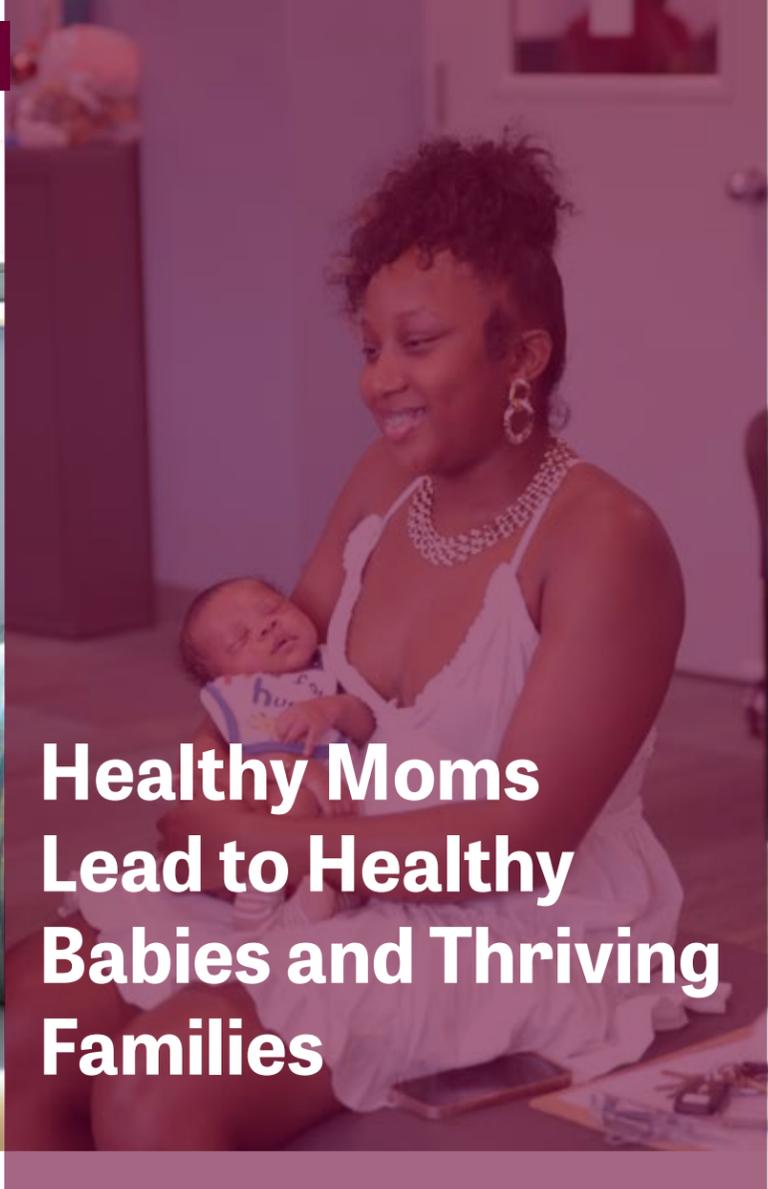
Our robust eight-person generalist faculty continued to offer full-spectrum OB/GYN care, including certified menopausal medicine and many urogynecologic procedures. In addition to laparoscopy and robotics, our minimally invasive surgical procedures now include the use of **vaginal natural orifice transluminal endoscopic surgery (vNOTES) techniques**.

Our OB/GYN clinic recorded a total of 17,481 patient visits.

Through a generous grant from SMEEA fund, our 16 resident cohort are engaged in a unique surgical simulation curriculum called **Simsei**. First-year residents focus on foundational laparoscopy, while our third-year residents focus on vaginal hysterectomies. This unique program is structured to assess both their knowledge and skills, using realistic anatomic models for demonstration of competency.

We expanded simulation exercises for the residents by utilizing the Covenant HealthCare Simulation Center located inside the college of medicine Saginaw Education Building. The residents participated in high-fidelity case simulations including:

- **Obstetrical emergencies, such as cardiorespiratory arrest in the pregnant patient**
- **Office procedures, such as colposcopy, IUD, and Nexplanon insertion**
- **Obstetric laceration repair**
- **Interdisciplinary teamwork, including labor & delivery nursing staff**



Healthy Moms Lead to Healthy Babies and Thriving Families

Our Centering program...

Welcomed **126 participants** this year, boosting enrollment by 30% and achieving an outstanding 100% patient satisfaction.

86% attendance - 7 sessions completed

88% breastfeeding at hospital discharge



15% reduction in preterm delivery from previous year

12% reduction in low birth weight from previous year

100% postpartum depression follow up



L to R: Lori Mulvaney from Great Lakes Bay Health Centers, and CMU Health staff members Bria Meredith and Amanda Brilinski worked together to unload a food shipment for CMU Health's pantry.

Empowering our patients to live and eat healthy, CMU Health successfully launched a **pilot food pantry initiative** at its Women and Children's Center to combat food insecurity among expectant mothers participating in its CenteringPregnancy® program.

The project developed in partnership with Eastern Michigan Food Bank, was funded by a \$5,000 grant from Molina Healthcare with further funding supported by the Michigan Health Endowment Fund (MHEF) grant through 2026.

With this provision, the intention is to reduce risks associated with poor maternal nutrition such as low birth weight and other complications.



Grant awarded from the Centering Healthcare Institute for **\$25,000** to upgrade equipment and educational materials

Saginaw County Region 5 mini-grant recipient of **\$15,000** for the initiation of a Postpartum support group

Region 6 Perinatal Collaborative: **\$9,000** to assist with transportation costs for patients in the Thumb region.

Kelly Ellis, women's health nurse practitioner and CenteringPregnancy® coordinator.



Expanding our Reach for Accessible Care

For more than 12 years, CMU Health has proudly served families at the CMU Health Women and Children's Center located on the Covenant Children's Hospital Campus. This year, **CMU Health Pediatrics opened a new practice on Bay Road**, the same location formerly home to Children's Medical Group, bringing quality pediatric care in Saginaw's suburban community. The Bay Road office complements the urban practice and is led by **Dr. Thomas Schomaker, Lisa Jean, FNP, Katie Londos, FNP** with **Dr. Kawthar Faour** joining the team in the upcoming fiscal year.

Our pediatric faculty welcomed general pediatricians **Drs. Kenghia Billings, Bryce Meck, and Olubukola Faturoti** who also serves as a CenteringParenting® Champion. To further enhance specialized care, we successfully recruited pediatric neurology providers **Dr. Brian Woodruff** and **Steven Ross, CNP**. The addition of these specialty services enables CMU Health to deliver more comprehensive care and better meet the evolving needs of our growing patient population. Building on this momentum, we are also preparing to introduce pediatric endocrinology, nephrology and infectious disease services in the next year, further expanding access to specialized pediatric care.



This year, the department once again earned its Patient-Centered Medical Home (PCMH) designation serving nearly **5,000 patients - an increase of more than 600 patients from the previous year.**

The resilience and commitment of our faculty and staff were exemplified this year as we proudly celebrated the graduation of our first pediatric residency class of two physicians and welcomed five new interns for the 2025 – 2026 fiscal year.

Our team of seven family medicine physicians has the privilege of educating 26 residents while continually strengthening resident learning, clinical training environments, and community partnerships. This year, we advanced three key collaborations:

- 1 **Rural Health Curriculum Expansion:** Through enhanced collaboration with Great Lakes Bay Health Centers migrant health clinics, we were able to broaden our rural health curriculum. This partnership deepens residents' understanding of social determinants of health and improves their preparedness to deliver care to underserved populations.
- 2 **Enhanced Public Health Training:** Our expanded partnership with the Saginaw County Health Department has enriched public health education for residents. This collaboration provides interns with early exposure to population health initiatives, preventive medicine, and community-based public health interventions.
- 3 **Community Engagement in Local Education:** We launched a community engagement initiative with Saginaw Arts and Sciences Academy (SASA) to increase local students' awareness of and interest in health care careers.

Recognizing our Family Medicine Faculty Physicians



Dr. Taylor Gaudard became board certified in breastfeeding counseling. Her lactation clinic is now available at the Women & Children's Center.



Dr. Delicia Pruitt was elected to serve as the 2025 Convener of the American Academy of Family Physicians' (AAFP) National Conference of Constituency Leaders.



Dr. Olivia Thomas received the Excellence in Teaching Award in Medical Sciences by Central Michigan University College of Medicine.

EMERGENCY MEDICINE

When a patient arrives to the emergency department with a life-threatening illness, every moment matters. The window between intervention and recovery can define an entire future.

Even as health care systems nationwide face growing physician shortages, we are proud to foster an environment where talent is being actively cultivated and strengthened. This year, our **Emergency Medicine Residency Program** welcomed **10 new first-year residents** including

two additional physicians through the MIDOCs program, a state-funded initiative dedicated to recruiting and retaining doctors in Michigan's underserved communities.

With **29 residents now in training**, our program continues to grow in both size and purpose. Each new physician represents not only expanded capacity, but our ongoing commitment to meeting the region's urgent workforce needs and ensuring that critical care is there when patients need it most.



INTERNAL MEDICINE



Located in Saginaw's Riverfront district, our internal medicine department is minutes from our teaching hospitals. That proximity strengthens our ability to educate **38 residents**, our largest residency program at CMEP.

Our faculty leader, Dr. Nicholas Haddad, remains prominent in the infectious disease community, presenting a poster at the Michigan Infectious Disease Society. Our ID clinic expanded with the addition of Dr. Lindsey Nicholas who provides consultative care at both teaching hospitals. Together with Dr. Haddad, both physicians provide comprehensive care for patients

managing HIV and Hepatitis C patients across the Central Michigan region. In addition, our physicians now offers inpatient weekend infectious disease consultative coverage.

Dr. Saad Chaudhry and Dr. Cecilia Kraus-Horbal continue to contribute academically through their roles as judges for submissions at the Michigan Chapter of American College of Physician. This year, Dr. Zeina Habib was honored as a Fellow of the American Association of Clinical Endocrinology (FACE), and the endocrinology team welcomed Devin O'Hora, nurse practitioner, to the department.

SURGERY

Increasing Care in the Clinic and the Operating Room

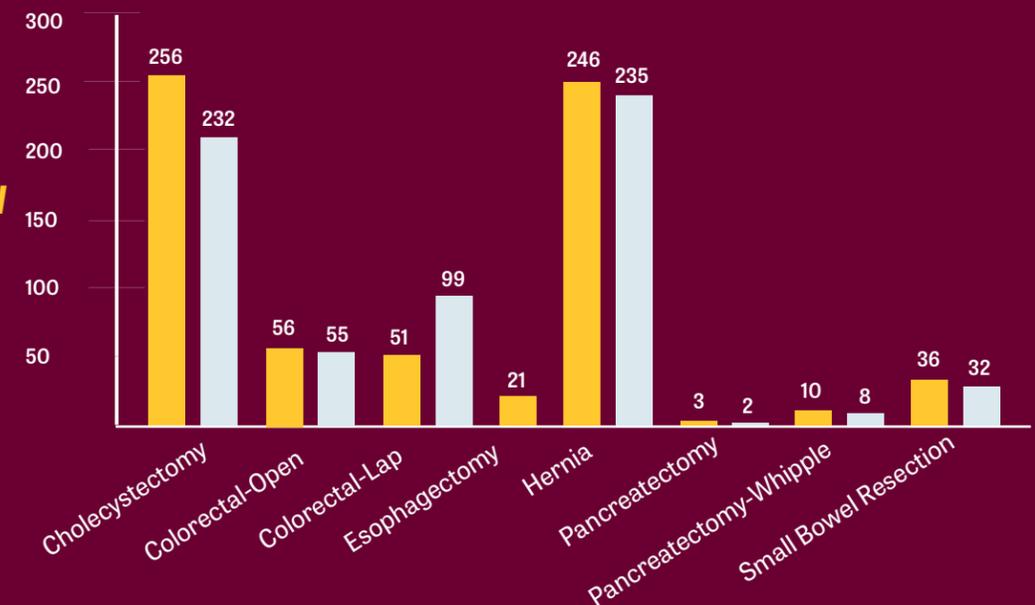
At the Society of American Gastrointestinal and Endoscopic Surgeons (SAGES) 2025 Annual Meeting in Long Beach, California, our team showcased just how far trauma and acute care robotic surgery have come. The room was filled with shared innovations, hard-won insights, and the vision that continues to drive our program forward.

Our surgery department completed more than **10,000 patient visits.**

Back home, that momentum was reflected in milestones of our own. MyMichigan Health Saginaw trauma service recently earned American College of Surgeons (ACS) recertification as a Level II trauma facility, marking a significant achievement for our entire team. Even more exciting, the newly renovated, dedicated trauma intensive care unit on the 7th floor opened in August 2025—an investment that underscores our commitment to delivering the highest level of care to every patient who comes through our doors.



CMU Health Surgical Cases Performed at Covenant HealthCare and MyMichigan Health



With these accomplishments as our foundation, the department is preparing to welcome additional surgeons in the coming fiscal year, including a colorectal surgeon and a surgical oncologist. These new specialists will strengthen our growing faculty and expand our ability to provide comprehensive, expert care tailored to the needs of our community.

Our **Podiatric Residency Department** has effectively responded to the increasing demand for comprehensive foot and ankle care across both inpatient and outpatient settings.

In the past year, our residents have participated in more than **2,500 surgical procedures** encompassing foot, ankle, and complex diabetic limb-salvage cases. The program's rigorous training, supported by an accomplished and dedicated faculty continues to uphold CMU Health's reputation for producing highly-skilled and well-prepared foot and ankle surgeons.



Spotlight: Covenant HealthCare leaders Matthew Deibel, MD and Bethany Charlton recognized **Dr. Nhan Tran**, third-year podiatry resident and co-chief, with the **2024 Covenant Rising Second Year Award**.

Our Response to Addressing the Surge in Mental Health Needs

Trending data demonstrates behavioral health utilization has increased steadily since 2018 with patient visits outpacing primary care. Demand for mental health care continues to grow, and our department remains committed to expanding access through services provided in our CMU Health Hallmark clinic and in collaboration with our partner agencies, Covenant HealthCare and HealthSource Saginaw.

Over the year, our team of psychiatrists, psychologists, therapists, and residents completed **17,733 patient appointments**, reflecting both the rising need for services and the critical role our Behavioral Medicine Department plays in meeting the mental health needs of our region.

With the establishment of the county's first and only **Transcranial Magnetic Stimulation (TMS)** service and a faculty-led specialty **Psychodermatology Clinic**, the program has further broadened resident training opportunities.

Our psychiatry residency welcomed eight new residents, bringing the total number to 29, with the addition of two child and adolescent psychiatry fellows.

The program remains committed to high-quality education, supported by faculty who bring diverse clinical expertise and experience in advancing our mission and vision.



I have been depressed for 20 plus years, and have tried multiple anti-depressants and therapy with no good results. When I heard of TMS I did some research, and was hopeful for the first time in a long time. After the first week I started to notice my mood lifting. I felt something other than dread about living. TMS is the solution, when nothing else seemed to work. I highly suggest anyone struggling with depression to consider TMS.



-Patient Testimonial



Highlights of our Psychiatry Faculty Physicians



Dr. Kai Anderson presented at the **American Association of Directors of Psychiatry Residency Training**.



Dr. Abishek Bala was elected as **President-Elect of the Michigan Council of Child & Adolescent Psychiatry**.



Dr. Jonathan Broadwell received the **Resident's Excellence in Teaching Award**.



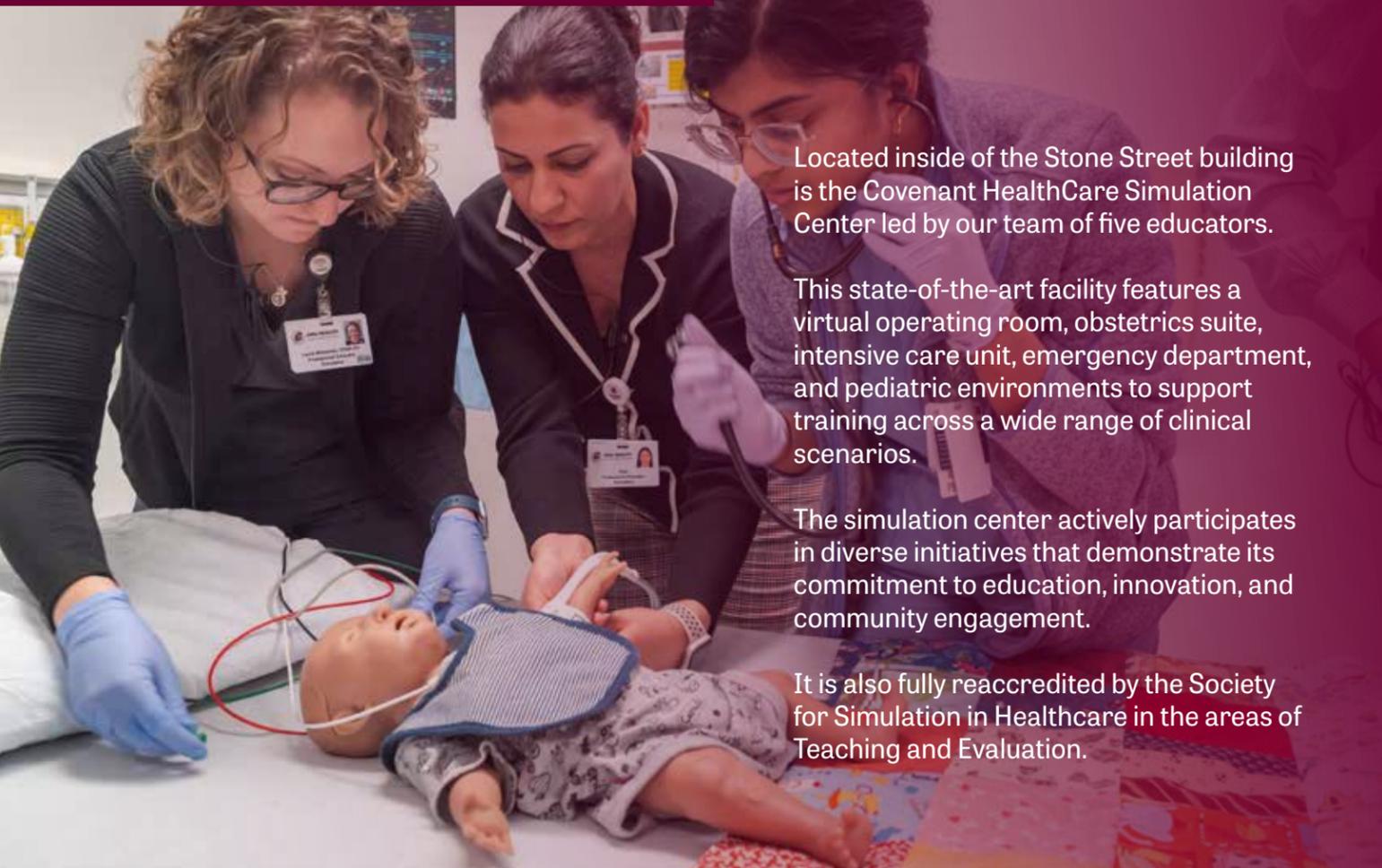
Dr. Mohammad Jafferany was selected as the **President of Psychodermatology Association**.



Dr. Asif Khan published two book chapters in **Essential Clinical Psychiatry**.



Dr. Jisselly Salcedo **facilitated the volunteer coordination** to support Barb Smith's Walk for Hope event.



Located inside of the Stone Street building is the Covenant HealthCare Simulation Center led by our team of five educators.

This state-of-the-art facility features a virtual operating room, obstetrics suite, intensive care unit, emergency department, and pediatric environments to support training across a wide range of clinical scenarios.

The simulation center actively participates in diverse initiatives that demonstrate its commitment to education, innovation, and community engagement.

It is also fully reaccredited by the Society for Simulation in Healthcare in the areas of Teaching and Evaluation.

Preparing for Real-World Clinical Moments

Over the year, our team held 19 community outreach events:

9 off-site events including Obstetric Emergencies training with Scheurer Health

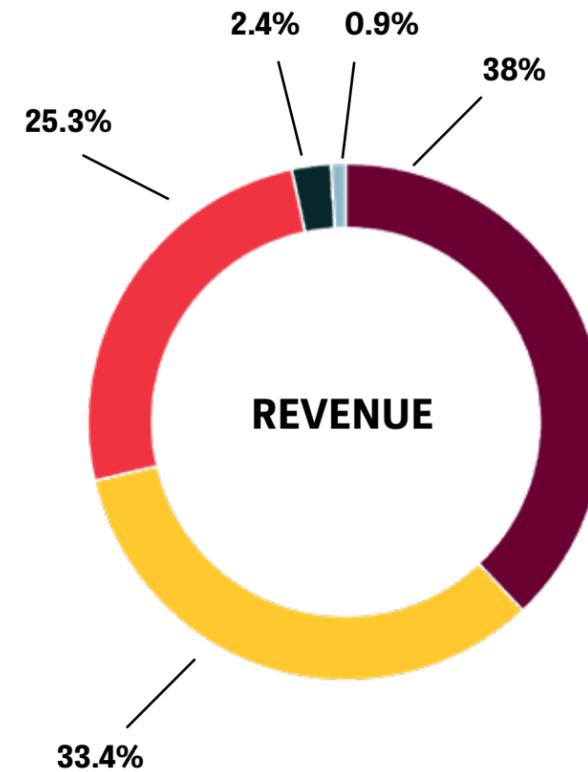
14 after hours sessions

1,855 learner contact hours

Covenant HealthCare Simulation Lab completes about 22,500 learner contact hours each year.

659 hours Graduate medical education simulation events

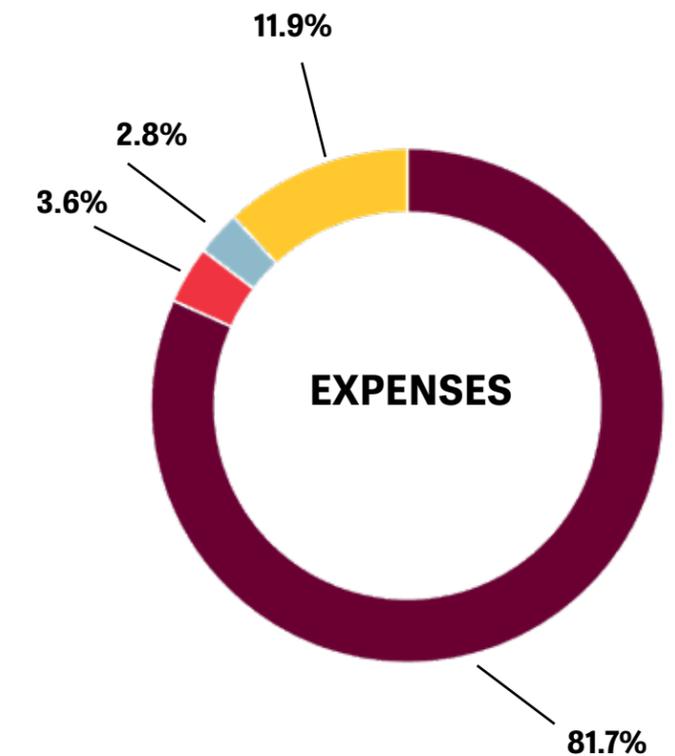
445 hours Undergraduate medical education simulation events



Total Operating Revenue \$64,946,368

As one of the premier nonprofit health care organizations in the region that serves a high percentage of Medicaid and underinsured patients, it is essential for us to manage our financial resources. This allows us to effectively meet the needs of our patients and the community.

In fiscal year 2025, CMU Health made a planned investment to expand our residency and fellowship programs, which temporarily reduced financial profitability. The business performance is expected to improve as revenue increases from the new CMS-funded CAP positions and other congressionally appropriated CAP slots. These additions come with new graduate medical education funding to support the residents and their education. Additionally, most specialties saw increased patient volumes over the prior year, however, changes to Medicaid programs impacted our revenue and increased our uncompensated care resulting in an operating loss for the year.



Total Operating Expenses \$66,585,746

GME Revenue	\$ 24,671,376	38%
Patient Revenue	\$ 21,670,293	33.4%
Contract Revenue	\$ 16,414,351	25.3%
Donation Revenue	\$ 1,584,518	2.4%
Other Revenue	\$ 605,830	0.9%
Total Operating Revenue	\$ 64,946,368	100%

Personnel Expenses	\$ 54,392,588	81.7%
Facilities & Equipment	\$ 2,415,683	3.6%
Supplies	\$ 1,883,323	2.8%
Other Operating Expenses	\$ 7,895,152	11.9%
Total Operating Expense	\$ 66,586,746	100%

Looking forward to fiscal year 2026, CMU Health has taken a proactive posture that streamlines operations while continuing to provide high quality care to our community.



A Historic Night for Our Residents and Fellows

CMU Medical Education Partners celebrated its **55th residency graduation** in June at the historic Temple Theatre in the Shaheen Performing Arts Center in downtown Saginaw, marking the **first time this milestone event** was held at the landmark venue. The graduation honored **49 physicians** who successfully completed their residency and fellowship training.



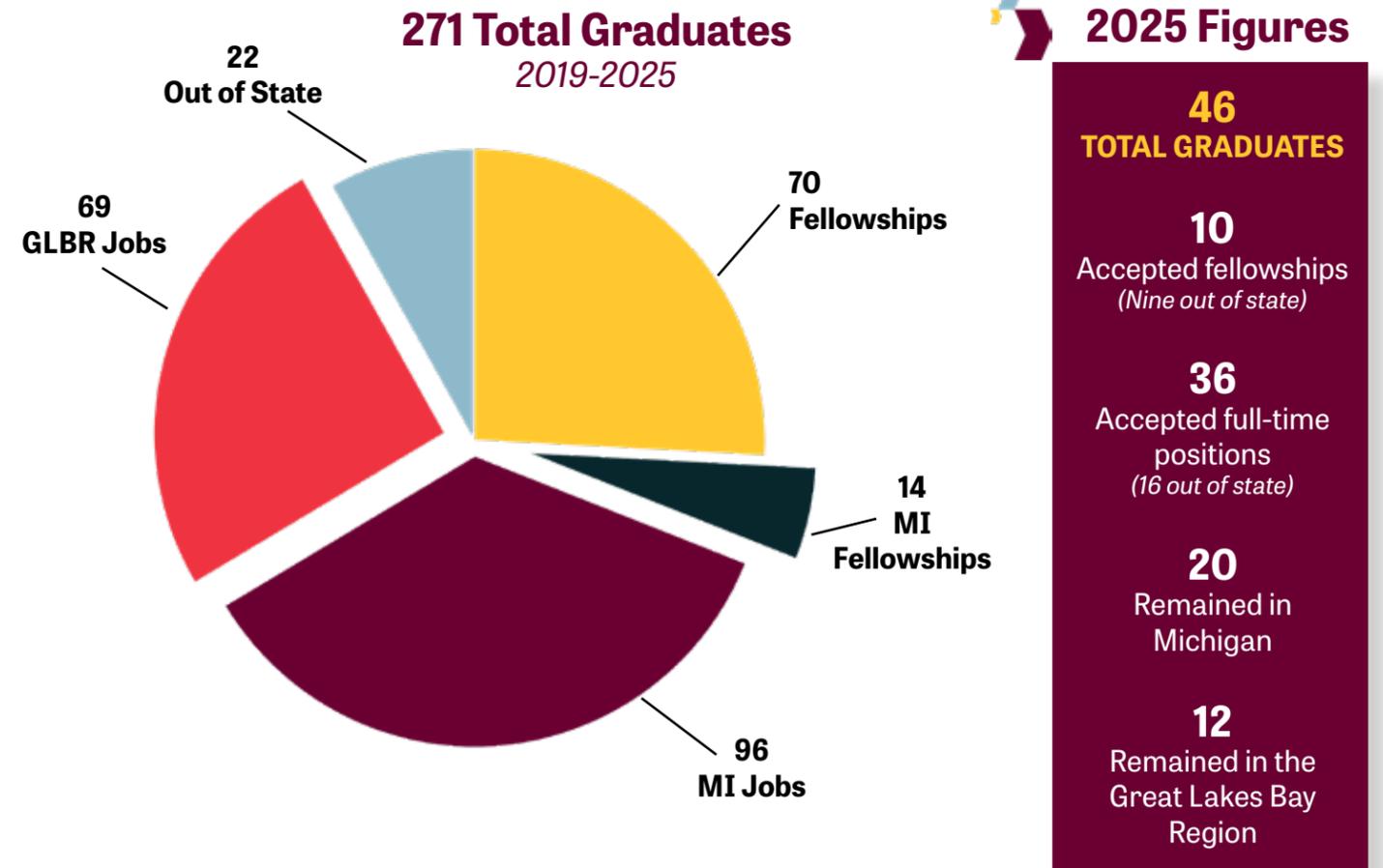
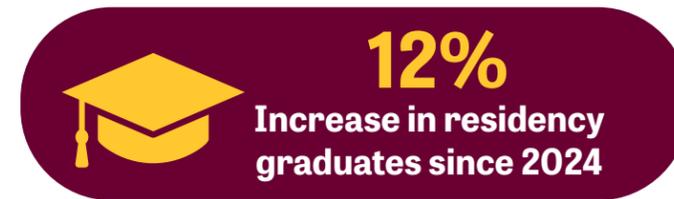
L to R: Carol Delehanty, Nicholas Haddad, MD and graduate Nicholas Lettner-Knowlton, MD.



L to R: Cindy Letzkus, Ghassan Hamadeh, MD, graduate Valerie Lamourex, MD and Amandeep Dhaliwal, MD.

Some of the highlights of the evening included Covenant HealthCare awarding eight junior resident scholarship awards to individuals who have demonstrated quality, interest, and compassion towards patients. Additionally, MyMichigan Health Saginaw awarded seven awards to residents who exemplified outstanding citizenship, medical knowledge, and commitment to self-improvement.

	Emergency Medicine	Family Medicine	General Surgery	Internal Medicine	Obstetrics & Gynecology	Pediatrics	Podiatry Medicine	Psychiatry	Fellows-Child & Adolescent Psychiatry	Total
2025 Residency Graduates	10	8	4	13	4	2	1	2	2	46
2024/2025 Residents in Training	29	26	20	38	16	14	6	28	2	179



66% of physician graduates stayed in Michigan, for fellowships and employment, supporting the state's economic growth and improving community health.

MAKE A DIFFERENCE!

Please scan the QR code or visit the websites below to get involved! Help advance graduate medical education initiatives and provide professional development for learners, faculty and staff. Donate today.

CMED DEPARTMENT OF SURGERY EDUCATION FUND

Supports the advancement of surgical residents and department initiatives of Covenant HealthCare College of Medicine at Central Michigan University Surgery program.

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Supports the Covenant HealthCare College of Medicine at Central Michigan University Psychiatry Residency Program.

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SAGINAW MEDICAL EDUCATION ENRICHMENT AWARD

Supports the resident, faculty, and staff initiatives and overall progression and growth of CMU Medical Education Partner's Learner Programs.

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OUR PARTNERS

CMU Medical Education Partners is leading academic medicine in the region in collaboration with Covenant HealthCare College of Medicine at Central Michigan University and our partner teaching hospitals, Covenant HealthCare and MyMichigan Health Saginaw.

